# The Importance of National Defense Education for College Students in Quality Education

## **Guanying Yang**

Fuzhou University, Xiamen Academy of Arts and Design, Fujian, Xiamen, 361024, China

**Keywords:** College students; national defense education; quality education

Abstract: With the continuous development of society, the effectiveness of national defense education and quality education in higher education is increasing. In order to investigate the current situation of social education, the author studies the importance of national defense education for college students in quality education. According to the research, in the current process of socialist modernization in China, strengthening national defense education is still one of the central tasks of national defense construction, especially the development and influence of national defense education in colleges and universities. Moreover, carrying out national defense education among college students is conducive to improving the national defense consciousness, collectivism concept, organizational discipline, physical and mental quality and scientific and cultural accomplishment of college students. It is an important way to cultivate and create high-quality talents.

#### 1. Introduction

As an important development direction of China's higher education in the future, quality education has become an important goal in the process of cultivating students in most colleges and universities in China, and an important way to improve the overall quality of college students is to strengthen national defense education in colleges and universities [1]. For more than 20 years, many higher education institutions in China have included national defense education as an important content in higher education, focusing on stimulating the patriotic enthusiasm of the students, cultivating their sense of urgency and enhancing their national defense concept [2]. National defense education runs through ideological and moral quality education; national defense education embodies intelligence and skill education; national defense education contains physical and mental quality education [3]. It can be seen that the state has given more far-reaching significance to the work of national defense education in Colleges and universities, that is, national defense education should become an important part of quality education [4-6]. National defense education for college students is an important part of national defense education and an important position of national defense education. National defense education in particular can play a quality education function, so that the comprehensive quality of college students can be improved in national defense education [7]. Therefore, the development of national defense education in Colleges and universities is of great significance for the comprehensive implementation of quality education and the cultivation of high-quality talents needed by the society [8].

## 2. Competence Education

The so-called quality education refers to the comprehensive implementation of the Party's educational policy and the fundamental purpose of improving the quality of the people [9]. Focusing on the cultivation of students' innovative spirit and practical ability, we should cultivate the builders and successors of socialist cause with "ideals, morality, culture, discipline" and all-round development of morality, intelligence, physical fitness, beauty and labor. National defense education is an activity process that exerts influence on the whole army and civilian with a certain concept of war, national security, national defense theory, national defense history and national defense knowledge. Practice has proved that national defense education in Colleges and universities is an important part of quality education for college students, which is conducive to promoting the

DOI: 10.25236/iwedss.2019.170

overall improvement of the quality of college students [10]. Therefore, giving full play to the quality education function of national defense education is the basic requirement for fulfilling the national defense education obligations of colleges and universities, and is also an important responsibility of national defense education workers. At present, the university's three-integrated national defense education, which combines "military theory class-concentrated military training-recurrent national defense activities", has an important function to strengthen and improve the overall quality of college students. National defense education in colleges and universities not only allows students to strengthen their national defense knowledge, but also helps to improve the overall quality of students. It has a strong comprehensive educational function, which has great practical guiding significance for the development of national defense education in colleges and universities.

If we separate the national defense education from the quality education, then it will be extremely one-sided in both educations. Only by considering the two as an inseparable whole can we promote the common development of the two. Most of them only stayed in the understanding of moral education function and sports function of national defense education, lacked understanding of the intellectual education function and aesthetic education function of national defense education, and failed to comprehensively integrate with quality education. In national defense education, young students can be helped to establish a scientific outlook on life and a world view in many ways. It can be seen that the Party Central Committee and the State Council organically combine national defense education with quality education, pointing out the direction for us to do a good job in national defense education and promote quality education. Practice has proved that national defense education can effectively combine moral education with intellectual education, physical education and aesthetic education.

## 3. National Defense Education Promotes the Development of Students' Intellectual Education

"Intellectual education should change educational concepts, reform personnel training mode, actively implement heuristic and discussion-based education and teaching, stimulate students' independent thinking and innovation consciousness, cultivate students' innovative ability, and generally improve students' humanistic and scientific qualities." Quality education aims at improving the quality of the people, with the aim of comprehensively improving citizens' ideological and moral character, scientific culture and physical, psychological and labor skills, cultivating ability and developing individuality. It can be seen that the structural elements of national defense education and the structural elements of quality education have commonalities, which is the bond and bridge between the two. Therefore, national defense education will not only play an important role in the students' personal ideological and moral quality construction, but also have a positive impact on the students' scientific and cultural quality construction.

If there is a lack of national defense education in quality education, the final educational effect will be greatly reduced. Cultivating young students with national defense consciousness and patriotism is the primary goal of educational institutions at all levels in China, and it is also the most basic consciousness and minimum moral quality that every citizen should have. National defense education is based on the improvement of college students' patriotism and the basic education for the purpose of developing and improving the overall quality of college students. National defense education and quality education are interrelated and mutually reinforcing.

### 4. Conclusions

At present, the national defense education in Colleges and universities mainly refers to the study and mastery of military theory courses and military skills related to the content of national defense education. Therefore, colleges and universities should strengthen the hardware facilities and financial investment in national defense education. To give full play to the comprehensive role of national defense education with military training as its key content in Colleges and universities plays an important role in promoting the quality education of college students in an all-round way.

Strengthening the effect of national defense education, cultivating the national pride and patriotism of college students, preliminarily grasping certain military knowledge and skills, and strengthening the organizational discipline of college students are of great significance to promoting the improvement of ideological and political quality and comprehensive quality of college students. It is an important part of the quality education of college students and an irreplaceable important link in comprehensively promoting quality education. It is a strategic measure for cultivating and cultivating a large number of high-quality reserve soldiers for national defense and army building. It is extremely urgent to carry out national defense education in higher education institutions in China, because this kind of education is the basis for improving the comprehensive quality of college students and guiding them to form a correct world outlook and outlook on life. In the subsequent education reform, quality education should be carried out at the same time as necessary national defense education, so as to ensure the improvement of college students' personal qualities.

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